

## Skate Canada Criteria Alignment

Assessment Criteria			Skate Canada Equivalent
<b>Content</b>			Jumps <i>(Take-off, Height, Distance, Speed/Flow/Landing)</i>
			Spins <i>(Revolutions, Speed, Centering, Control, Position)</i>
			Step / Spiral / Choreography Sequences <i>(Definition, Control, Clarity)</i>
			Turns <i>(Definition, Control, Edge Quality)</i>
			Field Movements <i>(Definition, Position, Flow)</i>
<b>Timing</b>			Timing Accuracy Focus Areas
<b>*Skating Skills</b>			Variety & Clarity Phrase/Form Connections & Unity Accuracy Edge Quality Power & Speed Focus Areas
<i>Accuracy</i>	<i>Edge Quality</i>	<i>Power &amp; Flow</i>	
<b>Form &amp; Control</b>			Carriage/Clarity Variety & Clarity Connections & Unity
<b>Pattern / Ice Coverage</b>			Pattern / Ice Coverage
<b>Expression</b>			Character/Rhythm Expression / Projection