

Skater: _____ Assessor: _____ Date: _____

<input type="checkbox"/> STAR 7	<input type="checkbox"/> STAR 9	<input type="checkbox"/> GOLD
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B = Below Standard	S = Standard			A = Above Standard
<i>Technical Execution</i>	B	S	A	COMMENTS
*Content Requirements				
<input type="checkbox"/> Choreographic Step Sequence				
<input type="checkbox"/> Field Movement Sequence				
<input type="checkbox"/> 360 Degree Field Move (GOLD ONLY)				
<input type="checkbox"/> Artistic Spin				
Technical Execution: <input type="checkbox"/> 3/3 must be Standard or better				

<i>Performance Execution</i>	B	S	A	COMMENTS
*Skating Skills				
Form & Control				
Pattern / Ice Coverage				
*Expression				
Performance Execution: <input type="checkbox"/> 3/4 must be Standard or better <i>including</i> * (STAR 7)				
Performance Execution: <input type="checkbox"/> 4/4 must be Standard or better (STAR 9 & GOLD)				

Technical Execution:	<input type="checkbox"/> YES <input type="checkbox"/> NO	Both <u>Executions</u> must be YES to receive an overall assessment of READY TO TEST
Performance Execution:	<input type="checkbox"/> YES <input type="checkbox"/> NO	

Result of Assessment:	<input type="checkbox"/> <i>READY TO TEST</i>	<input type="checkbox"/> <i>NEEDS IMPROVEMENT</i>
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**Content Requirements are based on the Program Level being assessed.*

*Technical Execution can only be marked Standard or better when the *Content Requirements are included & successful.*

B = Below Standard	S = Standard	A = Above Standard
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Technical Execution	
Choreographic Step Sequence	B: Sequence/movements does not meet definition; incorrect or unclear steps/positions.
Field Movement Sequence	S: Sequence/movements meet definition; steps and positions are correct and controlled.
360 Degree Field Move <i>(GOLD ONLY)</i>	A: Sequence/movements confidently meet definition; steps and positions are consistent, controlled, and well-defined.
Artistic Spin	<p>B: Spin lacks required revolutions or definition; positions unclear; centering and control are inconsistent.</p> <p>S: Required revolutions are completed; positions are achieved; spin is mostly centered with moderately maintained control.</p> <p>A: Revolutions are clearly achieved with speed; positions are well-defined; spin is centered, controlled, and consistent throughout.</p>

Performance Execution	
*Skating Skills Variety & Clarity Phrase/Form Power & Speed *Accuracy *Edge Quality *Power & Flow	<p>B: Steps or turns are incorrect or out of sequence; steps lack clarity. Technique is weak or incorrect. Edges are flat, unclear, or lack control; balance is inconsistent. Limited variety of turns demonstrated. Movement is slow, laboured, or inconsistent; flow is interrupted.</p> <p>S: Steps and turns are correct; steps remain clear and recognizable. Technique is adequate. Edges are clear with control and appropriate depth. Some variety of turns demonstrated. Movement is continuous with adequate power and flow.</p> <p>A: Steps and turns are clean, precise, and consistently executed. Technique is strong and confident. Edges are clean, controlled, and show consistent depth and confidence. A range of turns are demonstrated. Movement is strong, continuous, and effortless with consistent speed.</p>
Form & Control Variety & Clarity Connections & Unity	<p>B: Posture and control are inconsistent; movements lack clarity. Transitions are weak.</p> <p>S: Posture and control are maintained; movements are clear. Transitions are adequate.</p> <p>A: Posture is strong, with clean lines, and controlled, refined movement. Transitions are strong.</p>
Pattern / Ice Coverage Pattern / Ice Coverage	<p>B: Placement is inconsistent or incorrect; movements do not align with the intended pattern. Use of the ice is limited or uneven. Multi-directional skating is limited.</p> <p>S: Placement aligns with the intended pattern, with minor deviations. Use of the ice is moderately appropriate. Multi-directional skating is adequate.</p> <p>A: Placement consistently aligns with the intended pattern. Use of the ice is confident, controlled, and well-balanced throughout. Multi-directional skating is strong.</p>
Expression Expression / Projection	<p>B: Expression is inconsistent or unclear; limited connection to rhythm, style, and musical character.</p> <p>S: Expression reflects rhythm and style with some consistency; connection to the music and character is moderately evident.</p> <p>A: Expression is clear and consistent; strongly reflects rhythm, style, and musical character with confident projection and presence.</p>

Execution Standard must be consistent with the applicable Skate Canada assessment level.